

# YOGA

# AT THE GROUND'S



AGRICULTURE  
SHOW GROUNDS  
LOWER VALLEY

NOV  
18  
5:30PM

FEATURING YIN YOGA

## FREE REGISTRATION

Donations are welcomed and can be made on the day of the event for the Lion's Club of Tropical Gardens for Diabetes Awareness.

## YOGA MATS NOT PROVIDED

Bring your own mat/blanket; pillow suggested.

FARM FRESH,  
HEALTHY  
REFRESHMENTS  
will be provided



Cayman Islands Department of Agriculture  
in conjunction with the  
Wellness Committee Cayman Islands Government

